annual report fy2026

celebrating 140 years

1886-2026

clarity | child guidance center

Our mission is to support children and families in their pursuit of mental wellness.

Our vision is to ensure that every child and family that needs our services receives our services.

letter from the ceo

You may be wondering why you are receiving another annual report from Clarity so soon after our 2025 report. This year, we are making a change to better align our annual reporting with the way we plan, operate, and measure our progress. Moving forward, our annual reports will follow our fiscal years rather than the calendar years. While our 2025 report reflected January through December 2025 outcomes, this report celebrates the accomplishments and impact of our 2026 fiscal year, July 1, 2025, through June 30, 2026.

I am also excited to share that 2026 is especially meaningful for Clarity as we celebrate 140 years of serving children and families. Our history began as the Protestant Home for Destitute Children back in 1886, and while our name has changed over the years, our mission of providing compassionate, excellent care for children has remained at our core.

Thank you for your continued support and the meaningful impact that our work is having on children and families across our community.

Jessica Knudsen, CEO & President
Clarity Child Guidance Center

6,202 crisis assessments	3,974 inpatient hospital admissions	21,143 inpatient hospital days
1,133 partial hospitalization admissions	7,117 partial hospitalization days	13,340 outpatient encounters
5,435 unique patients served	314 undergraduate RNs trained	692 registered claritycon attendees

fy2026 initiatives

multisystemic therapy

In March 2025, Clarity added a new treatment focused specifically on at-risk youth aged 12-17. Multisystemic Therapy (MST) is a community-based program, focused on empowering caregivers by providing skills to keep kids in their communities and their homes.

The MST program includes two teams of specially trained therapists who provide intensive treatment in the child's environment, while focusing on the involvement of parents and caregivers. Therapists carry small caseloads, while the average length of treatment is between three and five months. Team members remain on call and available 24/7.

Since its inception, more than 300 families have been served. Bexar County youth may be screened for this treatment regardless of their family's ability to pay. MST is most effective for treating youth who are at risk of expulsion, home removal, committing violent offenses, experiencing serious mental health concerns, and out-of-home placement.

expanding access to crisis care

Our expansion of Crisis Services is officially underway! Long before construction crews arrived, our administration and clinical teams developed a detailed operational plan to ensure that kids in crisis could continue to receive uninterrupted mental healthcare. Since Crisis Services must remain open 24 hours a day, seven days a week, we temporarily relocated the program to another building on our eight-acre campus.

This careful preparation has allowed Clarity's clinicians to continue providing crisis assessments around the clock while construction moves forward.

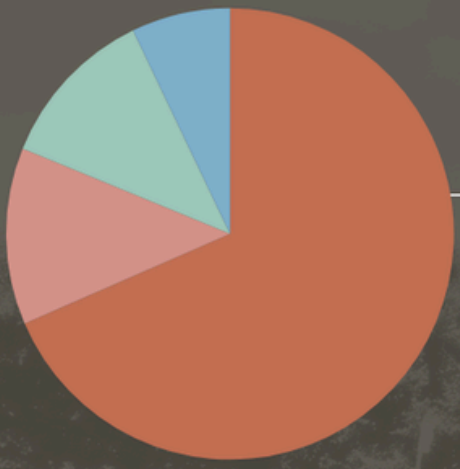
HEROES campaign for clarity

Phase II of the HEROES Campaign is a $4.2 million expansion of Crisis Services that will add two critically needed assessment rooms, expand the existing lobby to better accommodate the growing number of children, families, temporary guardians, and caregivers arriving for care, and create a dedicated family room. Once complete, the expanded space will enable Clarity to assess an additional 720 children in crisis each year, increasing annual capacity to over 6,500 children.

Clarity's Crisis Services department provides mental health emergency assessments for children ages 3–17 experiencing an acute mental health crisis, with walk-in care available 24 hours a day, seven days a week.

our revenue
$34,600,230

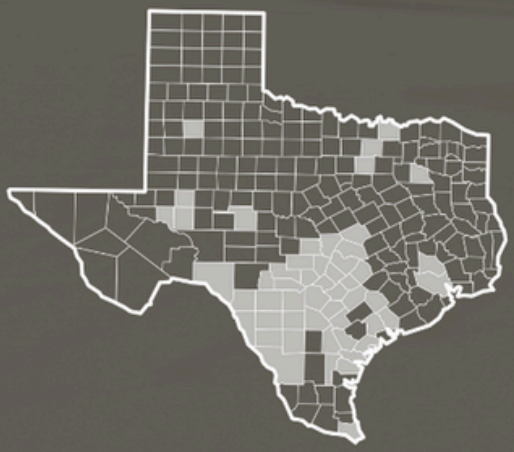
87%	patient service revenue
7%	other
6%	contributions



our expenses
$31,251,446

68%	salaries, wages, & benefits
13%	purchased & professional services
12%	supplies
7%	other

In FY26, Clarity helped children from 62 counties in Texas, as well as kids from Arizona, Maryland, Missouri, New Mexico, and Virginia.



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