

grow your parenting skills

Clarity Child Guidance Center is hosting parenting skills classes to empower parents and caregivers with the knowledge and techniques they need to lead their families into a happier, healthier future.

Sessions occur once per month and last 75 to 90 minutes. Every session is a stand alone class, so caregivers may attend as many or as few as they like. Childcare is provided.

april 8, 2026
strategies for responding
to misbehavior

april 29, 2026
effective communication:
how to talk with your child

may 13, 2026
mental health warning signs

may 27, 2026
understanding emotions

june 10, 2026
building your child's skills



WHO: The classes are facilitated by Padmaja Charya, MS, and Kayley Slicer, MS

WHERE: Outpatient building 10, 2nd floor

WHEN: 5:30pm - 7:00pm

COST: FREE

CHILDCARE: Provided on campus

Each session is limited to 20 people.

To register, call Padmaja Charya at 210-593-2155 or Kayley Slicer at 210-582-6422.

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healing young minds & hearts