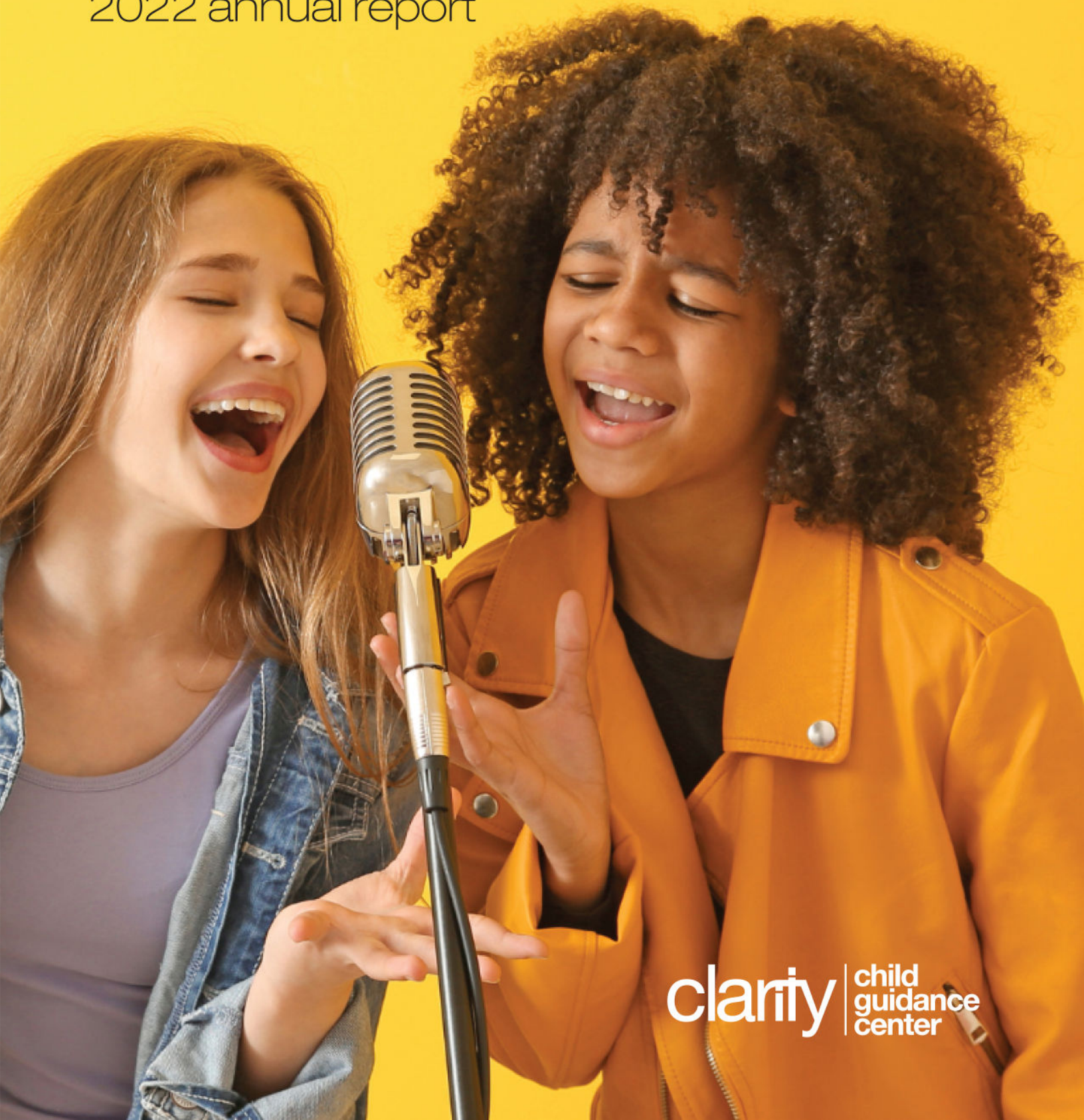


a colorful life

2022 annual report



clarity | child
guidance
center



life
is like a
rainbow.
you need both
the sun
& the rain
to make its
colors
appear.

in pursuit of mental wellness

a letter from CEO jessica knudsen & board chair tony lobasso

Dear Friends of Clarity Child Guidance Center,

We are pleased to present to you our annual report for the year 2022. As the CEO and Board Chair of Clarity Child Guidance Center, we are proud to say that we have made significant strides towards achieving our mission of supporting children and families in their pursuit of mental wellness.

Over the past year, we have provided crucial services to children and families who are struggling with mental health challenges. From emergency and crisis care to helping kids maintain stability, our team of dedicated professionals have worked tirelessly to ensure our services are accessible and effective. We are committed to continuously improving the access and quality of our programs and interventions.

One of our key achievements this year has been the expansion of our outpatient services through the growth of our Next Step Center. The program allows for rapid access appointments - reducing wait times for children in critical need of care. Our work in partnership with several community organizations via the Mobile Mental Wellness Collaborative continues to provide mental health care, education, and support to children and families in need in the Edgewood, Harlandale, and Judson Independent School Districts. Additionally, we are taking steps to becoming a Trauma-Informed Care Certified Facility and have increased security measures on our campus to ensure the maximum safety of our patients and staff.

We have made it a priority to advocate for better policies and funding to support children's mental health services in our community. We have engaged with state and local policymakers, championing for increased funding to expand the provision of mental health services in schools, strengthen the mental health workforce, and grow the number of available children's psychiatric inpatient beds. Our efforts in 2022 have laid the groundwork for increased funding for mental health programs and improved access to services in preparation of the 2023 legislative session.

Over the last three years, COVID-19 has surged and recessed; however, overcoming these challenges has encouraged us to develop creative solutions and do more with less. Even when faced with new obstacles, such as staffing shortages or shuffling COVID positive patients and staff, we remain steadfast, and we are proud of the resilience and dedication of our team in the face of adversity.

We are acutely aware that our community's needs outweigh our capacity, so as we look to the future, our focus will be to increase our inpatient bed capacity for children in mental health crisis, as well as continuing to expand our reach and impact.

We would like to extend our heartfelt gratitude to all our stakeholders for their support and partnership as we endeavor to meet our vision of ensuring that every child and family that needs our services receives our services. We are also honored to serve the thousands of families who entrusted us with the care of their precious children during their darkest times. You can always count on us.

Sincerely,



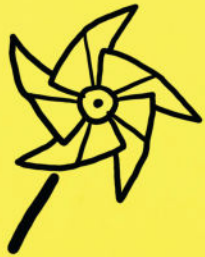
Jessica Knudsen
President & CEO



Tony LoBasso
Board Chair

7,350  children served in 2022

3,490 children received outpatient therapy



4,119 children served via our inpatient hospital

762 kids treated in our partial hospitalization program



community awareness & education

Participated in more than

100 community events
focused on mental health awareness



Participated in

25 events
focused on military families



More than 150 volunteers from the community came to Clarity to help further our mission



claritycon2022

16 hours of continuing education

provided by **50+** renowned experts

presenting on topics such as:

ethics, trauma informed care,
autism spectrum disorder,
transgender & gender-expansive homeless youth,
underrepresented & marginalized youth,
and more!

250+ educators, therapists, social workers, physicians, childcare workers and community members are now better prepared to support the mental health needs of children living with mental illness.

support for
uvalde



27 staff volunteered in support of Uvalde

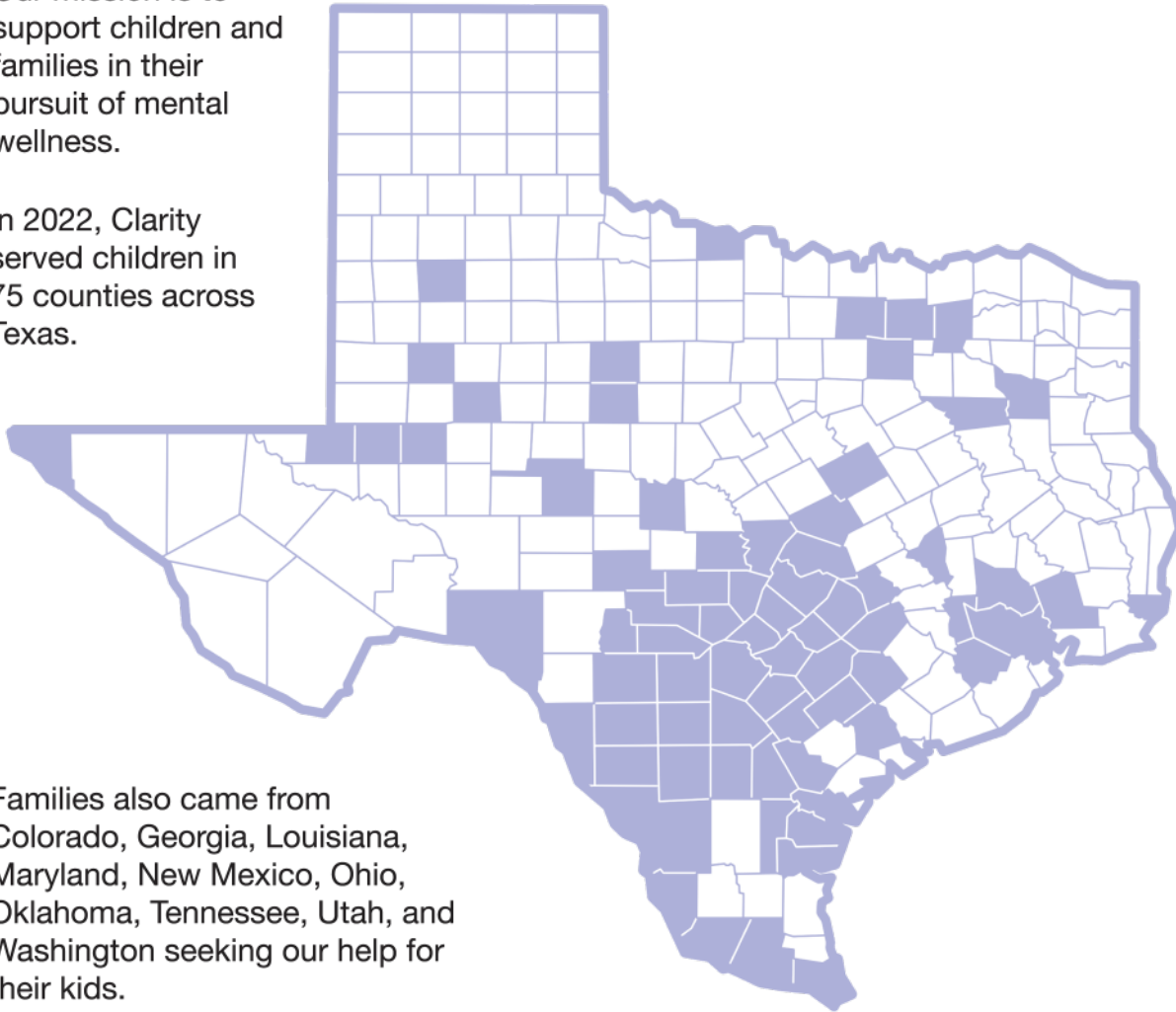


our reach

Clarity Child Guidance Center is the only nonprofit mental health treatment hospital for children ages 3 to 17 in South Texas.

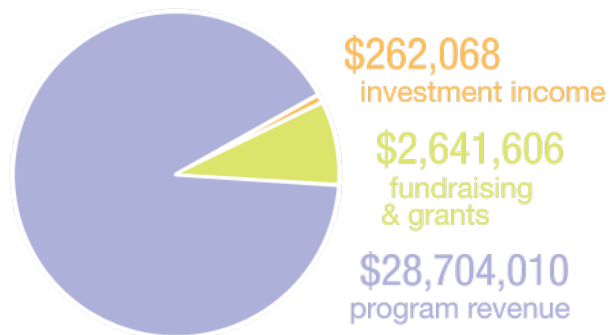
Our mission is to support children and families in their pursuit of mental wellness.

In 2022, Clarity served children in 75 counties across Texas.

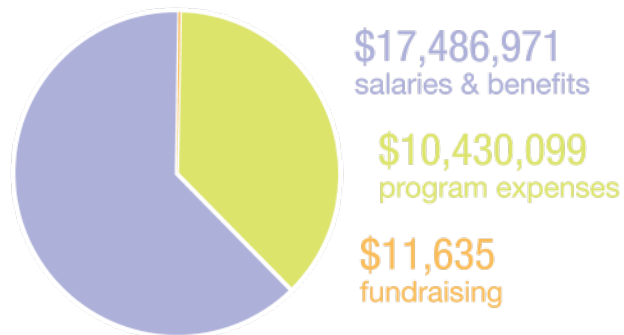


Families also came from Colorado, Georgia, Louisiana, Maryland, New Mexico, Ohio, Oklahoma, Tennessee, Utah, and Washington seeking our help for their kids.

our revenue



our expenses



our board

Tony LoBasso
Board Chair

Reed Hurley
Chair Elect

Justice Luz Elena Chapa
Ashley Dahlberg
Peggy Deming
Sharen Denson
Blakeley Fernandez
Tammy Fulgham
Adele Glenn
Ami Gordon

Mesha Millsap
Alexander Rapp
Ben Scott
John Seybold

**Vanessa Lacoss
Hurd**
Vice Chair

Joanna Weidman
Immediate Past Chair

Shanna Ramirez
Secretary

our leadership

Jessica Knudsen
President & Chief Executive Officer

Chris Bryan
Vice President of Information Technology
& Public Policy

Carol Carver
Chief Operations Officer

Derrick Flowers
Chief Financial Officer

Geoff Gentry
Vice President of Clinical Services

Lizmarie Gonzalez-Vega
Medical Director

Gina Massey
Vice President of Human Resources

Thomas Matthews
Medical Director of Outpatient Services

Melissa Mireles
Director of Marketing & Development



a parent's story

“ My teenage daughter had become a victim of the COVID pandemic. She lost her social network, she was sequestered to our home, and she was struggling. Like many teenagers during the pandemic, she had taken to staying up late into the night and we were only seeing her from the late afternoon until we went to bed. We didn't realize that she had fallen into a state of depression and that she was struggling with an eating disorder. We were lucky that she was able to share this information with her sister and then with us. We put her into an eating disorder treatment program immediately. During her time in treatment, she continued to struggle with her moods and started taking an antidepressant medication. The medication did not work well for her, and she spiraled very quickly into having suicidal ideations. The eating disorder facility recommended that I take her to Clarity Child Guidance Center immediately.

The staff at Clarity brought us in right away and she stayed at their facility for three days. During that time, she received therapy in group and individual settings, met with the staff psychiatrists, and was monitored closely. I was able to visit with her several times a day and brought meals to her. We sat in the open area outside, played card games, and I was able to observe many of the other groups of children. The facility was well run and well-staffed. I was kept abreast of any changes to her care and met with her therapist and psychiatrist during her stay. It was a challenging three days, but it seemed to make a real difference for her.

Since leaving Clarity and then graduating from the eating disorder program, we have continued to utilize their outpatient psychiatric services. Overall, we have been pleased with the care that we have received.

Our family is thankful that Clarity Child Guidance Center is a resource available to families in our community. ”



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