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For Immediate Release:

Claritycon Children's Mental Health Conference with CEUs on Nov. 5 to feature five renowned experts;
*Headliner is Mark Henick whose TEDx talk "Why We Choose Suicide"
is among the most watched in the world*

[Clarity Child Guidance Center](#) is the only nonprofit in South Texas providing a continuum of mental health care for children ages 3-17 and their families, to manage mental health conditions ranging from ADHD and anxiety to suicidal ideation, bipolar disorder and/or schizophrenia. Clarity offers a stand-alone mental health hospital and specialized inpatient/outpatient treatment for children, with the region's largest concentration of child and adolescent psychiatrists. It also offers a large spectrum of outreach and education for parents, teens and professionals via blogs, chats, school presentations, webcasts and CEU training.

Clarity CGC provides professional education and CEUs at [Claritycon](#), its annual children's mental health conferences held throughout the year. Because of Covid, Claritycon was transformed into Claritycon Reimagined—with mini-conferences to offer three options for attendance: live in-person at studios of KLRN-PBS TV; live virtual; or digital playback.

"Claritycon Reimagined 2021_(cont.)" is featuring three sessions: a full-day session which occurred on July 23 with 6 CEU credits, and going forward: two half-day sessions on Nov. 5, 2021, and Feb. 18, 2022, offering 5 CEU credits each. Cost is \$25 per CEU. Sessions can be bundled at a discounted price of \$250/pp/bundle. Groups of 15 or more that purchase the three-session bundle get it for \$175/pp/bundle.

[Registration](#) is now open for the Friday, Nov 5, 2021, session from 8 a.m. to 1 p.m. which will feature these five experts in the field of mental health and children—all speaking in-person:

- Mark Henick, Suicide Survivor: " **So-Called Normal: A Memoir of Family, Depression and Resilience**" - With over six million views, [Mark Henick's](#) TEDx talk "[Why We Choose Suicide](#)" is among the most watched in the world. His book [So-Called Normal: A Memoir of Family, Depression and Resilience](#) has captured global attention.
- Rachael Sherman, LCSW: "**Transforming the Challenging Child through the Nurtured Heart Approach**" - Horton is a licensed clinical social worker with 8+ years of working with challenging populations.
- Michelli Ramon, LCSW: "**Trauma and the Adolescent Brain**" – Ramon is clinical social worker specializing in grief, trauma and addiction.
- Jenny Hixon: "**Family Violence: The Effect on a Child**" – Hixon is Public Health Administrator, [Violence Prevention](#), San Antonio Metropolitan Health District.
- Ariel De Llanos, MD: "**First Psychotic Episode**" - De Llanos is CEO and founder of [Focus and Balance](#).

Claritycon attendees include child psychologists, social workers, pediatricians, educators, childcare providers, CPS specialists, Juvenile Justice workers, small counseling offices, students and others.

For more information on Claritycon, contact events@claritycgc.org or 210-593-2148, or visit <https://www.claritycgc.org/annual-conference-claritycon/>.

Claritycon is produced with the support of The USAA Foundation, Methodist Healthcare Ministries, NuStar Energy, H-E-B and Mays Family Foundation.

ABOUT CLARITY CHILD GUIDANCE CENTER: Clarity CGC offers the region's largest concentration of child and adolescent psychiatrists, with its onsite affiliation with Southwest Psychiatric Physicians. In addition, the center serves as a teaching hospital for UT Health San Antonio and Baylor College of Medicine. Clarity CGC's treatment facilities include an eight-acre campus in the South Texas Medical Center with a 66-bed hospital and 6-bed Crisis Service unit. Clarity CGC serves all children in need of care, regardless of their family's ability to pay.