



MEDIA CONTACTS:

Mike Hannan, 210-663-3560

NEWS RELEASE
For Immediate Release

**CLARITY CHILD GUIDANCE CENTER
LAUNCHES COVID-19 ONLINE RESOURCE FOR EDUCATORS AND PARENTS**

SAN ANTONIO –Clarity Child Guidance Center, South Texas’ only not-for-profit mental health treatment center for children ages 3 – 17, created an online COVID-19 resource for educators and parents. The interactive tool provides helpful information on children's mental health and includes over 40 articles and videos, including responses to COVID-19. The resource is hosted by Clarity Child Guidance Center's One in Five Minds, an education, prevention and awareness program and website. Communities In Schools - San Antonio, the nation's largest and most effective organization dedicated to keeping kids in school and helping them succeed in life, and a partner of Clarity CGC in bringing this program to schools, will assist with sharing the resource in school districts throughout San Antonio.

The site, 1in5minds.org/educators, was originally created as part of a pilot program to provide resources for Northeast Independent School District educators working with children and adolescents contending with mental, emotional and behavioral challenges. In response to the impact of COVID-19, and with the support and guidance of the H. E. Butt Foundation, Clarity CGC and Communities In Schools - San Antonio expanded the resources available and opened access to the website to all educators throughout Bexar County and surrounding areas.

"We're so thankful for our partnership with H. E. Butt Foundation and Communities In Schools - San Antonio to be able to bring this tool to many more educators," said Jessica Knudsen, president and chief executive officer of Clarity Child Guidance Center. "Educators, including teachers, counselors and school psychologists, are often the 'first responders' to children in crisis. Our goal for this resource is to provide easy-to-access information to help them in this time of even greater student stress."

"We see firsthand the incredible work the teachers and administrators are already doing with students," added Jessica Weaver, chief executive officer of Communities In Schools - San Antonio. "With the additional requirements of tele-education brought on by COVID-19, this is another tool in their toolbox to work with their kids."

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The site includes tools for how to better understand children's mental health, how to identify warning signs, how to understand the students who struggle with it, how to work with them in the classroom, and how to partner with their parents to help them. A self-care section includes several articles helping teachers with stress and balance in their own lives.

"One of the amazing things to come out of this difficult time is opportunities for agencies like Communities In Schools - San Antonio and Clarity Child Guidance Center to work together on these initiatives," added Knudsen. "And that wouldn't be possible without the vision of the H. E. Butt Foundation, and for that we are all grateful."

ABOUT CLARITY CHILD GUIDANCE CENTER

[Clarity Child Guidance Center](#) (CGC) is the only not-for-profit organization in South Texas providing crisis assessment, inpatient, outpatient and day treatment mental health care to children ages 3-17.

Clarity CGC offers the region's largest concentration of child and adolescent psychiatrists, with its onsite affiliation with Southwest Psychiatric Physicians. In addition, the center serves as a teaching hospital for UT Health San Antonio and Baylor College of Medicine. Clarity CGC's treatment network includes an eight-acre campus in the South Texas Medical Center with a 66-bed hospital and six-bed Crisis Assessment Center.

Clarity CGC is also committed to advocating for support for mental health care and created the [One in Five Minds](#) campaign to raise awareness and educate the community, parents, professionals, and leaders about mental illness. Learn more and take the pledge at Clarity CGC's 1in5minds.org.

Clarity CGC serves children in need, regardless of their family's ability to pay.



[Clarity Child Guidance Center](#)

Clarity Child Guidance Center exists to transform the lives of children and families. Our mission is to help children, adolescents, and families overcome the disabling effects of mental illness and improve their ability to function successfully at home, at school, and in the community. We are the only nonprofit treatment center in San Antonio and South Texas that specializes in children ages 3-17 who suffer from serious mental health problems. www.claritycgc.org

ABOUT COMMUNITIES IN SCHOOLS OF SAN ANTONIO

Communities In Schools of San Antonio(CIS-SA) is part of the nation’s largest organization dedicated to empowering at-risk students to stay in school and on a path to a brighter future. Working directly inside more than 100 schools across 12 school districts , we connect kids to caring adults and community resources designed to help them succeed. We do whatever it takes to ensure that all kids—regardless of the challenges they may face—have what they need to realize their potential. To learn more about CIS-SA, please visit <https://www.cissa.org>



Communities
In Schools

San Antonio

[Communities In Schools - San Antonio](#)

At Communities In Schools we’ve moved beyond the school walls, to provide vulnerable students with the resources they need to stay healthy, maintain their progress in school and most importantly, deal with issues of anxiety and trauma they may be feeling during this time of crisis.

www.cissa.org

About the H. E. Butt Foundation: Founded in 1933, the H. E. Butt Foundation is an operating foundation serving people in Texas and beyond. Today, we focus on spiritual formation and health in families and children, with offices and programs in San Antonio, Kerrville, and Real County. In San Antonio, our community engagement work takes three forms: a capacity-building program supporting local nonprofits; a storytelling project aimed at changing the narrative about local poverty and inequity; and special initiatives sanctioned by the Office of the President. Elsewhere, our mission is expressed through camps and retreats on 1,900 acres situated along a breathtaking stretch of the Frio River Canyon in the Texas Hill Country. Learn more at hebfdn.org.