

MEDIA CONTACTS:

Cary Corbin, 830-708-3940

Rebecca Helderbrand, 210-582-6442

[Rosanne Fohn](#), UT Health Science Center San Antonio, 210-567-3026

NEWS RELEASE
For Immediate Release

**NEW BUILDING AT CLARITY CHILD GUIDANCE CENTER
BRINGS OUTPATIENT THERAPY TO MAIN CAMPUS**

***New Outpatient Therapy Building will also house
UT Health Science Center's Division of Child & Adolescent Psychiatry***

SAN ANTONIO – With the opening of a new building on the Medical Center campus of Clarity Child Guidance Center, the city's only not-for-profit provider of mental health care exclusively for children has added an outpatient therapy facility and also created a new home for The University of Texas Health Science Center San Antonio's Division of Child and Adolescent Psychiatry.

Clarity CGC's new Outpatient Therapy Building, which opens on April 19, completes the third and final phase of a \$22 million expansion project that began in September 2015. Previous phases include the addition of a crisis assessment center, more inpatient beds, a gymnasium and an expanded day treatment facility.

The new building allows Clarity CGC to relocate an existing outpatient clinic to the main campus from its former location approximately two miles away, consolidating resources and providing more efficient care. Children who receive treatment in Clarity CGC's hospital or day treatment center can now stay on the main campus for their continuum of care instead of going off-site to another facility. Clarity CGC serves 6,000 of its planned 9,000 patients through outpatient therapy and delivers approximately 40,000 appointments each year.

The Outpatient Therapy Building, with 33,750 square feet of office space, is also the new home of the UT Health Science Center's Division of Child and Adolescent Psychiatry. Clarity CGC maintains an educational and research partnership with the university.

"Having the region's preeminent Child and Adolescent Psychiatry researchers and professors here on our campus is the next step in the 40-year relationship we have built with the Health Science Center," said Clarity CGC President and CEO Fred Hines. "It creates a synergy that will enhance the level of care offered to children in our community today and in the future."

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“Clarity CGC offers an outstanding opportunity to teach future child and adolescent psychiatrists in a leading-edge model for children’s mental health care,” said Steven Pliszka, M.D., Chair of the Department of Psychiatry at the Health Science Center.

The new building will also provide space for family therapy sessions, teen groups, dyslexia testing and other services.

In 2015, Clarity CGC provided treatment to nearly 8,000 kids ages 3-17 in Bexar County. Clarity CGC is the only non-profit mental health treatment center in South Texas specializing in the treatment of children and adolescents struggling with serious mental, emotional or behavioral problems. As a non-profit organization and a United Way agency, Clarity CGC helps children regardless of their parents’ ability to pay. Due to the incredible increase in services, Clarity CGC plans to serve even more children and families in years to come.

In addition to comprehensive outpatient services, Clarity CGC also offers 24/7 acute care inpatient treatment at its campus in the South Texas Medical Center, and rapid access to treatment through the first Clarity Child Guidance Clinic, located at Highway 151 and Westover Hills Blvd. Visit www.claritycgc.org to learn more.

ABOUT CLARITY CHILD GUIDANCE CENTER

[Clarity Child Guidance Center](#) (CGC) is the only not-for-profit organization in South Texas providing crisis assessment, inpatient, outpatient and day treatment mental health care to children ages 3-17.

Clarity CGC offers the region’s largest concentration of child and adolescent psychiatrists, with its onsite affiliation with Southwest Psychiatric Physicians. In addition, the center serves as a teaching hospital for The University of Texas Health Science Center San Antonio and Baylor College of Medicine. Clarity CGC’s treatment network includes an eight-acre campus in the South Texas Medical Center with a 66-bed hospital and six-bed Crisis Assessment Center, as well as a Clarity Child Guidance Clinic located on the West Side of San Antonio .

Clarity CGC is also committed to removing the stigma often associated with mental illness and has created the [One in Five Minds](#) campaign to raise awareness and educate the community, parents, professionals, and leaders about mental illness. Learn more and take the pledge at 1in5minds.org.

Clarity CGC is a United Way agency and serves children in need, regardless of their family’s ability to pay.

ABOUT UT MEDICINE SAN ANTONIO

UT Medicine San Antonio is the clinical practice of the School of Medicine at the UT Health Science Center San Antonio. With 800 doctors – all School of Medicine faculty – UT Medicine is the largest medical practice in Central and South Texas. Expertise is in more than 100 medical specialties and subspecialties.

Primary care doctors and specialists see patients in private practice at UT Medicine's flagship clinical home, the Medical Arts & Research Center (MARC), located at 8300 Floyd Curl Drive, San Antonio 78229. Most major health plans are accepted, and UT Medicine physicians also practice at several local and regional hospitals. Call (210) 450-9000 to schedule an appointment, or visit www.UTMedicine.org for a list of clinics and phone numbers. For current news from the UT Health Science Center San Antonio, please visit our [newsroom](#), like us on [Facebook](#) or follow us on [Twitter](#).

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