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**NEWS RELEASE**  
For Immediate Release

**CLARITY CHILD GUIDANCE CENTER UNVEILS LATEST EXPANSION  
TO ITS MEDICAL CENTER CAMPUS**

***New Mays Gymnasium & Day Treatment Center helps Clarity CGC  
treat more children facing mental illness***

SAN ANTONIO -- Clarity Child Guidance Center, a San Antonio-based non-profit organization providing mental health services for children, is opening the second phase of a \$22 million expansion project.

Clarity CGC launches its new Mays Gymnasium and Day Treatment Center on Feb. 25, adding 15,000 square feet of space for Clarity CGC patients who are in day treatment or inpatient programs.

The new facility also nearly doubles Clarity CGC's ability to serve children in day treatment, increasing capacity from 18 to as many as 32 children.

"Besides nearly doubling our capacity for day treatment, this expansion helps us meet the needs of different age groups by giving them each their own space for activities," said Clarity CGC President and CEO Fred Hines. "This allows us to serve more children in a better-equipped environment."

The new gymnasium allows children to engage in Clarity CGC's Play with Purpose™ approach to therapeutic recreation activities year-round. Play with Purpose™ recreation options for patients include sports, games, arts and crafts, yoga, rock climbing wall and portable ropes elements.

The new facility features a large gymnasium and rooms designed for yoga, music, and art. Multipurpose rooms allow for nutrition and cooking classes and other activities. Led by certified therapeutic recreation specialists and a music specialist, these activities help children express themselves in non-verbal ways, boosting self-esteem, improving communication and building trust through individual and group initiatives.

With the expansion, the improved Day Treatment facility now features three large activity rooms instead of one, with an additional set of two smaller rooms for individual or family counseling. Day treatment allows children ages 6 to 17 to receive intensive treatment at the Clarity CGC campus from 8 a.m. to 3 p.m. and return home to their families every evening. The program serves children who require close monitoring by a psychiatrist, and also provides nursing care and therapy to previously hospitalized children.

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The new additions follow the completion of the first phase of the campus expansion in Fall 2015, which added a Crisis Assessment Center, a 13,693-square-foot facility with six observation beds and fourteen acute care beds. Future plans include the relocation of Clarity CGC's outpatient clinic to the main campus from its current location approximately two miles away.

In 2015, Clarity CGC provided treatment to nearly 8,000 kids ages 3-17 in Bexar County. Clarity CGC is the only non-profit mental health treatment center in South Texas specializing in the treatment of children and adolescents struggling with serious mental, emotional or behavioral problems. As a non-profit organization and a United Way agency, Clarity CGC helps children regardless of their parents' ability to pay.

In addition to comprehensive outpatient services, Clarity CGC also offers 24/7 acute care inpatient treatment at its campus in the San Antonio Medical Center, and rapid access to treatment through the first Clarity Child Guidance Clinic, located at Highway 151 and Westover Hills Blvd.

Visit [www.claritycgc.org](http://www.claritycgc.org) to learn more.

## **ABOUT CLARITY CHILD GUIDANCE CENTER**

[Clarity Child Guidance Center](#) (CGC) is the only not-for-profit organization in South Texas providing crisis assessment, inpatient, outpatient and day treatment mental health care to children ages 3-17.

Clarity CGC offers the region's largest concentration of child and adolescent psychiatrists, with its onsite affiliation with Southwest Psychiatric Physicians. In addition, the center serves as a teaching hospital for The University of Texas Health Science Center San Antonio and Baylor College of Medicine. Clarity CGC's treatment network includes an eight-acre campus in the South Texas Medical Center with a 66-bed hospital and six-bed Crisis Assessment Center, as well as a Clarity Child Guidance Clinic located on the West Side of San Antonio .

Clarity CGC is also committed to removing the stigma often associated with mental illness and has created the [One in Five Minds](#) campaign to raise awareness and educate the community, parents, professionals, and leaders about mental illness. Learn more and take the pledge at [1in5minds.org](http://1in5minds.org).

Clarity CGC is a United Way agency and serves children in need, regardless of their family's ability to pay.

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