



**Brighton Center**

Here there are only Disabilities.

## **Nurturing Course for Parents**

This 10-week course gives parents better insight into their style of parenting so they may become the best parent they can be. Classes designed around discipline styles and how to handle problems, understanding why problems may arise, and effective communication. Parents will be provided with resources and techniques to use at home with their children. Attending a class may leave parents with a new perspective on their parenting style and their relationships with their children.

- **Where: Clarity Child Guidance Center,  
8535 Tom Slick Drive 78229**
- **When: Wednesdays, 6-8 PM,  
October 4-December 13**

To register, call 210.826.4492 and ask for Ariel Valle or email [sessprogram@BrightonSA.org](mailto:sessprogram@BrightonSA.org).

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