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NEWS RELEASE
For Immediate Release

**KAY WARREN HEADLINES CLARITYCON 2014,
CHILDREN'S MENTAL HEALTH SUMMIT, JUNE 12-13**

Saddleback Church co-founder Warren discusses her work to raise awareness and lower the stigma of mental illness following the loss of her son

SAN ANTONIO – Clarity Child Guidance Center, one of San Antonio's leading children's mental health, non-profit agencies, will bring together nationally-known speakers and children's mental health experts for **claritycon 2014**, a summit on children's mental health on June 12-13.

The summit will present experts discussing a variety of children's mental health topics including the impact of bullying, adolescent brain development, autism, ethics, mental health disorders in Latinos and play therapy.

One of the summit's highlights will be a presentation by Kay Warren, who co-founded Saddleback Church, a nationally prominent church in California, with her husband, Pastor Rick Warren. Warren, an international speaker, best-selling author and Bible teacher, will present "A Mother's Journey," a luncheon presentation on Thursday, June 12. Warren will discuss children's mental health issues from her perspective as a mother whose son ended his life in 2013 after a lifelong struggle with mental illness. Since the loss of her son, Matthew, Warren and her husband have campaigned to raise awareness and lower the stigma surrounding mental illness.

Registration for the full summit, or part of the summit, or the Kay Warren luncheon only, is available online at www.claritycgc.org/claritycon2014. Attendees may also opt to attend only the Friday sessions, which have a special emphasis on continuing education for primary care physicians. The conference takes place at El Tropicano Riverwalk, 110 Lexington Ave. Breakfast, lunch and snacks will also be included with each paid registration. To register by phone, for more information or for sponsorship information, call 210-582-6406 or email kim.bruno@claritycgc.org. Tickets are also available for the Kay Warren lunch only for \$55 each or \$500 for a table of 10 and can be purchased online or by phone.

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In addition to Warren's speech, claritycon 2014 includes one and a half days of workshops and presentations by notable children's mental health professionals.

Ellen Braaten, PhD, will present "Understanding Children with Learning and Behavioral Challenges: Successful Approaches to Supporting Students," as a keynote presentation on Thursday June 12. Braaten is a renowned psychologist, researcher, television contributor and author working in the field of pediatric neuropsychological and psychological assessment, particularly in the areas of assessing learning disabilities and attentional disorders.

Steven Pliszka, M.D., will present "ADHD: Managing Complicated and Difficult-to-Treat Cases" for the keynote presentation on Friday, June 13. Pliszka is the Chief of the Division of Child and Adolescent Psychiatry at the University of Texas Health Science Center at San Antonio.

Mental health professionals may earn up to 10 CEUs at the summit, and CME credits are being offered on Friday for the half-day session.

Clarity CGC, which operates the region's largest treatment center dedicated to children with mental illness, is the only non-profit treatment center in San Antonio specializing in children with serious mental and emotional problems.

Clarity CGC offers a wide range of mental health treatment programs through its facilities in San Antonio, including outpatient services, on-campus 24-hour acute care inpatient treatment, and on-campus day treatment. Last year, Clarity CGC provided treatment to nearly 8,000 kids ages 3-17 in Bexar County, through two facilities in the Medical Center, and a newly opened clinic on the West side. Clarity's care for children dates back to 1886.

Visit www.claritycgc.org to learn more.

ABOUT CLARITY CHILD GUIDANCE CENTER

Clarity Child Guidance Center (CGC) is the only nonprofit in South Texas providing a full continuum of mental health care to children 17 and under, including services for acute cases for children as young as three.

Clarity CGC offers the region's largest concentration of child and adolescent psychiatrists, with its onsite affiliation with Southwest Psychiatric Physicians. In addition, the center serves as a teaching hospital for The University of Texas Health Science Center San Antonio. Clarity CGC provides outpatient therapy for children and families, day treatment (where the child is at Clarity CGC during school hours and then returns home each evening) and acute inpatient hospitalization at its 52-bed hospital.

As a nonprofit, Clarity CGC serves children in need, regardless of their ability to pay, while bringing a multitude of services to children and families through its case managers as a United Way agency.

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